

## The Formative Path

### Week Ten: God's Glory Spiritual practice: Nature

Scripture reminds us of the importance of nature. The Psalmist tells how nature sings out God's praises (Psalm 19) and Paul reminds us that God has revealed himself in nature itself. In other words, since nature is all around us, there is no excuse for saying "we don't know about God."

What's your relationship with nature? We have become an 'indoor' society. With so much to do inside, we don't always get outside.

This week, make plans to head outside. Take a hike, a walk, or just sit on your deck or porch. Do it with the intention of reflecting on what you see. What do the trees, or the plants, or the wildlife tell you about God? How do the birds remind you of God's goodness, protection, and blessing? Write down what you discover.

#### Each day this week, reflect and answer these questions:

- Where did God show up?

#### Group Questions:

- How did my practice go last week?
- What do I hope to do this week?



"From creation learn to admire the Lord! Indeed, the magnitude and beauty of creation display a God who is the artificer of the universe. He has made the mode of creation to be our best teacher – *St. John Chrysostom.*

### Questions for the Journey

- ✓ How does observing the changing seasons deepen your understanding of God's faithfulness?
- ✓ What does the vastness of the universe tell you about God's power and majesty?
- ✓ What spiritual lessons can you learn from:
  - The patience required for a seed to grow?
  - The persistence of water wearing away stone?
  - The transformation of a caterpillar into a butterfly?

"I want creation to penetrate you with so much admiration that wherever you go, the least plant may bring you the clear remembrance of the Creator." – *St. Basil the Great*



### Scriptures for Reflection this week

Read these scriptures multiple times

Romans 7:14-25 – Sermon Scripture  
Psalm 19 – Nature Proclaims  
Psalm 104 – Honor and Majesty  
Romans 1:19-20 – God Reveals Himself



### ACTION ITEMS for the week

1. Spend time in nature.
2. Read this week's blog for more information:  
<https://bit.ly/path-week10>
3. Memorize / Meditate on the passages above.
4. More at <https://davidmullens.com>